

## NMC Recording Studios – COVID-19 Safety Protocols

Help us make your recording session safe, comfortable and inspiring

In light of the COVID-19 pandemic, we're adopting the following safety measures to protect your health. Please read through the list below to prepare for your recording session. Questions? Please contact our Studio Manager [graham.lessard@nmc.ca](mailto:graham.lessard@nmc.ca)

The list below incorporates best practices recommended by Alberta Health Services, and is subject to change as new information and recommendations are available:

- Studio clients must sign NMC's COVID waiver, provided in advance of the session.
- Clients displaying any COVID-19 symptoms – fever, cough, shortness of breath, difficulty breathing, sore throat, and/or runny nose – are encouraged to stay home and self-isolate and will not be permitted access to Studio Bell in the interest of public safety.
- Please reschedule your session if: you are displaying any COVID-19 symptoms, have travelled internationally or within Canada to highly impacted regions, have been exposed to a suspected case of COVID-19 or are currently awaiting results of COVID-19 testing. We will be happy to accommodate your rebooking.
- An NMC staff member will meet you at the loading dock behind the King Eddy venue, and escort you to the studios. If needed, a cart is available for carrying instruments and studio equipment.
- To allow 2m distancing, please limit the number of people using the elevator together; additional elevator trips may be required to maintain safe distancing.
- Please avoid touching instruments, equipment or surfaces unnecessarily; instruments in NMC's collection are strictly off limits unless by arrangement before the recording session.
- Pack in / pack out – bring your own water bottle and water, ensure that anything you bring into the building leaves when you do. A green room is provided for meal breaks.
- All vocal mics are “quarantined” for 7 days after a session. Your vocal mic will not have been used within 7 days prior to your session; the same vocal mic will not be used by anyone else before 7 days elapse. Backing vocal mics with metal grilles may be used again following sanitization with alcohol wipes.
- Hi touch surfaces are sanitized using alcohol wipes – this includes door handles, mic stands, music stands, pop shields.
- Social distancing 2m maintained whenever possible. When this is not possible, masks should be worn – for example, when listening to playbacks in the Control Room. NMC staff will wear masks when keeping a 2m distance is not possible. NMC staff will inform and ask for consent when needing to enter your personal space (two-metre area)
- Regular hand washing is encouraged. NMC staff will wash hands at regular intervals throughout the session. A washroom will be designated for use by you and your cohort (band, etc.) – please use the designated washroom only.